

Soul Essence Activation at the Center for Expanding Consciousness

Remembering Who You Are and Being That!

Late last year I received an invitation to speak at the “We Do Not Die” conference in the Universal Hall at Findhorn. It was at that conference that I introduced the participants (many of whom were Near Death Experiencers) to Life Between Lives regression therapy. For my presentation I chose a volunteer from the audience and did a live demonstration of a Life Between Lives regression session.

I travel to teach and present at many conferences around the world. As much as I enjoy doing this, the travel, time changes, and presenting itself can be depleting. But, this time I returned to New York, filled with energy and inspiration! The people I met, the energy of the community, the insights of the presenters and the land itself expanded my consciousness and filled me in so many ways. This experience left me feeling inspired to give back something to the community.

Before I left Findhorn I heard Randy Klinger felt inspired to establish a center for expanding consciousness at the Moray Art Center. I want to support that effort by offering a consciousness expanding and soul awakening workshop I call “Soul Essence Activation.”

So many people in the world are led by their mind. Some are trying to shift from being guided by their mental mind to listening to their heart and being guided by it. Following the heart is a good start in the right direction, but ultimately, one needs to connect with and be guided by one’s soul.

Your soul carries great light and wisdom but it can become encased in negative imprints from the past. These can be karmic. They can be energetic. They can be the residual from things that people have said or done to you, and they can be false beliefs you have formed over time as a result of these experiences.

“The Soul Essence Activation” workshop is a very special two-day workshop that my wife Sophia and I have developed from our over forty combined years of individual sessions, transformative workshops, and professional trainings that we have led around the world.

Through a very powerful combination of individual and group journeys, writing and drawing we will help you to get off the “spinning merry go round” of the mind and find a healing peaceful place within, open your heart, experience expanded states of higher consciousness and ultimately make contact with and activate your “Soul Essence.”

We have reserved the Weekend of June 11-12 to bring the Soul Essence workshop to the community and want to know if there is enough interest before we make the journey to Findhorn. Please respond to Randy Klinger on randyklinger1956@gmail.com

Paul and Sophia are international teachers and Master Hypnotherapists who are based in New York and Germany. Sophia has a small healing center in North Germany with an elaborate Findhorn mandala in the garden inspired by the one in front of the Universal Hall. It’s been her dream to visit Findhorn.

Thank you,
Paul Aurand MHT

You can learn more about us and the workshop itself from Randy Klinger at Moray Art Centre. For more information & to book, please see:
<http://www.morayartcentre.org/#!class---soul-essence/qjveo>

Or see more about my work on:

<https://www.youtube.com/watch?v=pZbjnHqEeAk>

<https://www.youtube.com/watch?v=e-IHdkmrS5s&nohtml5=False>

<https://www.youtube.com/watch?v=pGswNRoSkiU>

<https://www.youtube.com/watch?v=6OEI-D6fIS4>